

compass 600

smart assist ISO

TECHNICAL DATA

- » For compass 600 Leg press, Leg Extension/Curl, Trunk Extension/Flexion, Pulldown/Dip



SPECIFICATION

- » Intuitive operator guidance via an 8" touchscreen monitor
- » Quick start/power training without using RFID or chip card
- » RFID/chip card reader
- » Medical LAN Isolator
- » Sinual feedback training
- » Isometry for comparative measurement of the maximum force

OPTIONS

- » Position sensors for simple, reproducible positioning during testing and training
- » Pulse receiver uncoded

TEST PROCEDURE

- » Range of motion test to determine the physiological amplitude of motion
- » Submaximal testing according to the repetition method, supplemented by an objective assessment of the quality of the test and the subjective assessment of the degree of exertion by the test person using the RPE scale
- » Isometric test for measuring maximum strength using the 1 repetition method
 - » A procedure that is carried out under expert guidance
 - » The test data are documented in the proxotrain training and planning software